



## **NORTH CASTLE SEWER DISTRICT Fact Sheet**

**Fat, Oil and Grease.... Known as **F.O.G.**  
Is the No.1 cause of sewer backups!**

**About 30% of what we eat is F.O.G.!**

**F.O.G. can block your drains and  
your neighbor's drains.**

**Blocked drains and sewers create  
health hazards, and are expensive  
to remedy.**

**Commercial establishments are  
required to install equipment to prevent  
F.O.G. from entering into the sewer system. So, it is up to you  
the residential user to assist us in eliminating F.O.G.  
problems before they happen!**



### **Why should you care?**

**Even a small amount of grease in a sink drain can cause  
sewer backups and overflows that are messy, costly, and a  
potential threat to your health and the environment.**

### **What can you do to have fat-free sewers?**

- **Never pour fat, oil or grease down sink drains or toilets!**
- **Wipe dishes and pots & pans prior to washing.**
- **Talk with your friends and neighbors about F.O.G. issues so  
the community is aware of the risk.**

**This is equally important if you have a septic system!**

## Where is residential grease produced?

Grease is a by-product of cooking and is found in things like these:

Meat fats	Food scraps	Pastries
Butter & margarine	Baking goods	Salad dressings
Cooking oil	Sauces	Deep-fried foods
Shortening	Gravy	Soups

## You can make a difference!

Keeping just one (1) tablespoon of fat, oil or grease out of your drains daily would amount to twelve (12) pounds less of F.O.G. running through your pipes, and the sanitary sewer system annually!



**X**

**365 days = 12 lbs. annually!**

**Please don't pour grease down the drain!**



**You can minimize your grease accumulation by following some simple steps.**

1. All used cooking oil should be poured into an old milk container, juice container or other non-recyclable package, to be disposed of in the garbage.
2. Dishes, pots and pans that are coated with greasy leftovers should be wiped clean with a disposable paper towel prior to washing or placement in dishwashers.
3. Instead of putting fat trimmings or drippings from meat in the garbage disposal, put them in your trash.

Always put cooking grease containers and greasy towels in a plastic bag before disposing of them in your trash bag.

NEVER dispose of cooking grease directly into your automated trash compactor.

*For more information and if you have questions about F.O.G. contact:*

**The Town of North Castle  
Water & Sewer Department**

914-273-1882-ext55

