



NORTH CASTLE ADULT NEWSLETTER

December 2016

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How did it get so late so soon?
 It's night before it's
 afternoon.
 December is here before
 it's June.
 My goodness how the time
 has flown.
 How did it get so late so
 soon?

Dr. Seuss



Contact Information:

Hergenhan Recreation Ctr: 273-2944
 No. Castle Community Ctr: 946-3244
 Senior Bus Transportation: 438-5629

To receive email notifications about our
 upcoming events, send an email to:
lduffy@NorthCastleNY.com

RECREATION MAIN # 273-3325

Staff:

Liz Duffy, Director
 Jetta Magrone, General Asst.
 Pat Combs, Ceramics
 Joyce Graefe, Driver

Next meeting for WOMEN'S CIRCLE is Monday, December 5th at 12:30 pm

"Women's Circle" honors the life experiences and personal stories of senior women, giving participants the opportunity to share on a variety of themes while honing listening skills, finding common bonds and forming connections with one another.

Please join us. All are welcome! If you have any questions, please call Liz at 273-2944.



Once again, our fabulous crew of senior women gathered at the Hergenhan Recreation Center before Thanksgiving to pack up bags of groceries for needy seniors in our community.

This year, we packed up 75 bags of non-perishable food which was distributed to seniors by our Parks staff in preparation for the Thanksgiving holiday.

Thanks to all who participated in this important semi-annual project!

Pictured bottom photo from l-r are: Marsha Thompson, Katie Blaney, Sandy Cuttitto, Rita Vettoretti, Rae Spinelli, Sheila Holder, Ann LaSala and Barbara Anderson. Go girls!!

THANKSGIVING FOOD DISTRIBUTION



Above: Don Brandis, Parks Foreman and Evan Cicale, Parks Staff place hundreds of pounds of non-perishable food on tables in preparation for our food bagging.

Below: Marsha Thompson and Sheila Holder are doing some prep work of double bagging grocery bags prior to filling them with non-perishable food.



Our semi-annual Food Distribution project is sponsored by The Town of North Castle in conjunction with the Food Bank for Westchester.

If you are aware of needy seniors in our community who might be assisted by this program, please contact Liz Duffy at 273-2944.



Deadline is fast approaching!



Join us for our Annual Holiday Luncheon
at
Casa Rina Restaurant in Thornwood
Thursday, December 8
noon-4:00 pm
(Sign up by December 2nd!)
See details on page 4



Wishing you a very Merry Christmas,
Happy Hanukkah and a
Happy and Healthy New Year!
The Senior Recreation Staff -
Jetta, Pat, Joyce and Liz



What's Coming Up?

For information about the programs listed below,
please call Liz Duffy at 273-2944.

DECEMBER EVENTS:



Annual Holiday Luncheon

- Thursday, December 8 at Casa Rina Restaurant (see page 4)
Enjoy good company, delicious food, music and dancing!



Holiday Arrangements with the Green Acres Garden Club

- Monday, December 12 beginning at 9:30 am Armonk
You must arrive no later than 11:00 am in order to participate!
Make a beautiful centerpiece for your holiday table at Hergenhan
Recreation Center. All materials are provided.
Sponsored by the Green Acres Garden Club.



Holiday Cheer

- Wednesday, December 14 at the North Castle Community Center
- Thursday, December 15 at the Hergenhan Recreation Center
Join us for our annual Holiday Cheer! Bring your favorite dish to
share and a wrapped present valued at no more than \$10.00 for our
Secret Santa gift exchange!



Holiday Caroling

- Monday, December 19, 12:30 pm at Hergenhan Recreation Center
Join us for festive entertainment by children from Coman Hill School!

WINTER RECREATION PROGRAMS!

These programs are designed with you in mind!
REGISTER EARLY TO HELP ENSURE THAT THE PROGRAMS WILL RUN!

WALKING WITH SENIORS – (Weather permitting) FEE: FREE, but sign-up with Liz!

Join us YEAR ROUND (except holidays) as we take our daily exercise walks! Walk at your own pace and enjoy the company of other seniors. Benches and rest areas are available along the way if needed. Dress appropriately and wear your best, most comfortable shoes

DATES/TIME: Mondays, Wednesdays, Thursdays, Fridays, 10:00 - 11:00 AM

LOCATION: Mondays and Thursdays - Hergenhan Center
Wednesdays and Fridays - North Castle Community Center, NWP

CLEAR YOUR CLUTTER! FEE: \$8.00, Program #235903F

What a great time of year to start conquering that excess “clutter” crowding your home! If you’re feeling overwhelmed by the “things” that you’ve accumulated over the years and want to scale back on your “stuff,” but don’t know where to begin, this workshop will help you reclaim your space and turn your home into the sanctuary it is intended to be!

DATES/TIME: 3/7 and 3/14, 10:00 - 11:30 AM

LOCATION: Hergenhan Center

LINE DANCING FEE \$45.00, Program #235903A

Join our newcomer/beginner Line Dancing class and learn a number of popular dances including: The Electric Slide, Elvira, the Cuban Walk and more! Line Dancing builds coordination and balance, exercises both the brain and body, and is a great way to have fun! No partner or previous experience required. Instructor: Richard Barnett

DATES/TIME: 2/10, 2/17, 2/24, 3/3, 3/10, 9:30 - 10:30 AM

LOCATION: North Castle Community Center Gym, NWP

REGISTRATION FORM

NORTH CASTLE RECREATION AND PARKS DEPARTMENT REGISTRATION FORM

40 Maple Avenue, Armonk, NY 10504 Attention: Senior Programs

Name _____ Address _____

Home Phone _____ Cell Phone _____ Email _____

Program Name _____ Program # _____

I hereby release the Town of North Castle, its Councilmen, Employees and Volunteers of any liability whatsoever in connection with any damages and/or injuries I or the person named above may sustain as a result of participation in the programs of the Town of North Castle sponsored by the Town of North Castle Recreation and Parks Department. I authorize the Town of North Castle to use my photo for non-commercial purposes in Town media.

Signature _____



North Castle Seniors' Annual Holiday Party

at

Casa Rina Restaurant

886 Commerce Street
Thornwood, NY 769-4515

on

Thursday, December 8, 2016

12 noon to 4:00 pm

Our served 4-course luncheon includes:

- Family-style Appetizers
- Garden Salad
- Choice of 4 Entrees
- Dessert/Coffee/Tea, Soda
- Cash Bar available

Cost: \$35.00 per person (residents and their guests)

Your reservation is due no later than December 2nd

Music provided through the Musicians Association of Westchester County

Join us for good holiday cheer, food, wonderful company, music, dancing, & prizes!



Annual Holiday Party – Act. # 235903 D

Name: _____ Address: _____

Email: _____ Phone: _____ Cell Phone: _____

Emergency Contact: _____ Phone: _____

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Signature: _____

Date: _____

Amount: \$ _____ Check/Cash



Check: # _____ Receipt: # _____

Transportation

Transportation is available only for seniors who cannot drive.

____ I need transportation on the senior van as I do not drive.