



# November 2016

## NORTH CASTLE SENIORS

Mon. & Thurs.: 10 am-2 pm at Hergenhan Rec. Ctr., Armonk—273-2944

Wed. & Fri.: 11 am-3 pm at No. Castle Comm. Ctr., No. White Pl.—946-3244



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 10:00 Walking Lunch Bingo	3 10:00 Walking 10:30 Local Shopping 11:00 Strength <b>CRAFT WITH PAT-Card Making</b> Left, Right, Center	4 10:00 Walking Lunch Bingo	5
6 <b>DAYLIGHT SAVINGS TIME ENDS</b> (turn your clocks back one hour)	7 10:00 Walking 10:00 Clay with Sally 11:00 Chair Yoga Ceramics 12:30 Women's Circle	8 <b>ELECTION DAY</b>	9 10:00 Walking <b>PIZZA &amp; BINGO</b> (\$5.00/person)	10 <b>TRIP EMPIRE CITY CASINO</b> (CENTER CLOSED) 11:00 Strength	11 <b>VETERAN'S DAY</b>  <b>CENTER CLOSED</b> (NO CHAIR YOGA)	12
13	14 10:00 Walking 11:00 Chair Yoga Ceramics Left, Right, Center	15 <b>SHOPPING WITH JOYCE</b>	16 10:00 Walking Lunch Bingo	17 10:00 Walking 10:30 Local Shopping 11:00 Strength Ceramics <b>PIZZA &amp; BINGO</b> (\$5.00/person)	18 10:00 Walking Lunch Bingo	19
20	21 10:00 Walking 11:00 Chair Yoga Ceramics Left, Right, Center	22	23 <b>CENTER CLOSED</b>	24 <b>Happy</b>  Thanksgiving	25 <b>CENTER CLOSED</b>  (NO CHAIR YOGA)	26
27	28 10:00 Walking 10:00 Clay with Sally 11:00 Chair Yoga Ceramics Left, Right, Center	29	30 <b>TRIP RADIO CITY &amp; CARMINE'S RESTAURANT</b> (CENTER CLOSED)			