



NORTH CASTLE ADULT NEWSLETTER

September/October 2016

September:

- 9 Lillian Adiletta
- 10 Catherine Dubiell
- 13 William Bosco
- 15 Manorama Chandra
- 15 Evelyn Vlad
- 18 Carmen Ruiz
- 19 Rita Vettoretti
- 25 Sarah Siclardi
- 27 Bob Buck



“I would rather sit on a pumpkin, and have it all to myself, than be crowded on a velvet cushion.”

Henry David Thoreau



Contact Information:

Hergenhan Recreation Ctr: 273-2944
 No. Castle Community Ctr: 946-3244
 Senior Bus Transportation: 438-5629

To receive email notifications about our upcoming events, send an email to:
lduffy@NorthCastleNY.com

RECREATION MAIN # 273-3325

Staff:

Liz Duffy, Director
 Jetta Magrone, General Asst.
 Pat Combs, Ceramics
 Joyce Graefe, Driver

October:

- 4 Helen D'Angelo
- 19 Bonalea Eisenhower
- 21 Charles Kramer

MESSAGE FROM THE DIRECTOR

We have lots of programs, trips and events coming up this fall, and this **two-month newsletter** highlights them all! Please take a few minutes to read it through, mark your calendars and join us for some great fun and companionship! Don't forget to check out and register for our recreation programs on page 2

NOT SO SILENT AUCTION!

Thursday, September 29 at the Hergenhan Recreation Center
Bidding starts at 9:30 am and ends at 12:30 pm



DONATE: Donate now! Ideas include kitchen & small decorative items, costume jewelry, handbags, scarfs, belts, linens, baskets, flower pots, vases, craft items, glassware, stationery, unused cosmetics & toiletries (no books or clothing).

BID: On auction day place your bids between 9:30 am & 12:30 pm! You win the item if you are the highest bidder! Payment is due on the same day in cash. Items not sold will be donated to the local thrift shop.

One-half of the income will go to a 50/50 raffle that day. Only those who bid are eligible to participate in the 50/50. One-half of the income will be used as prize money for our next Pizza & Bingo.

Next meeting for WOMEN'S CIRCLE is Monday, October 3.



Join us for these Upcoming Events!

For more information about the programs listed below, please call
 Liz Duffy at 273-2944.

SEPTEMBER

- AARP Defensive Driving Class - Tuesday, September 27 – (see page 2)
- Not So Silent Auction - Thursday, September 29 – Donate now! Bidding runs from 9:30 am-12:30 pm
- Trip – Saturday Night Fever – Westchester Broadway Theatre - Wednesday, October 5 (flyer on p. 3)

OCTOBER

- Trip – Oktoberfest – Krucker's in Pomona, NY - Thursday, October 13 (see flyer on page 4, register by September 23)

(over for more events)





NOVEMBER

- **Pizza & Bingo – North White Plains - Wednesday, November 9 - \$5.00/person**
- **Trip – Empire City Casino - Thursday, November 10 (see flyer on page 5)**
- **Pizza & Bingo – Armonk - Thursday, November 17 - \$5.00/person**
- **Trip – Radio City Christmas Spectacular & Carmine’s Restaurant - Tuesday, November 29 (see flyer on page 6, register by October 17)**

DECEMBER



Annual Holiday Luncheon at Casa Rina Restaurant
Thursday, December 8 – 12:00 – 4:00 pm - \$35.00/person (sign up at senior centers by December 2)

Fall Recreation Programs - Register Today!

AARP DEFENSIVE DRIVING CLASS By Jeanne Troiano - This six (6) hour class is a refresher on the principles of safe driving for adults age 50 and older. Upon completion of the course you will receive a 30% discount on your auto insurance over three (3) years. Participants must bring their driver’s license and, if you are an AARP member, please bring your membership card to class. Also, bring lunch, a snack, a beverage, and a pen with you. Please make your check payable to AARP, and mail it to Liz Duffy, Senior Recreation Leader, Town of North Castle, 40 Maple Avenue, Armonk, NY 10504. If you are an AARP member, write your membership number on the check. Enrollment is limited, register early! **CHECKS ONLY - NO CASH WILL BE ACCEPTED! Arrive no later than 8:30AM.**

Date: Tuesday 9/27
Time/Place: 8:30AM - 3:30 PM at the Hergenhan Recreation Center, 40 Maple Avenue, Armonk
Fee: AARP Member \$20, Non-Member \$25

CLEAR YOUR CLUTTER By Liz Duffy - What a great time of year to start conquering that excess “clutter” crowding your home! If you’re feeling overwhelmed by the “things” that you’ve accumulated over the years and want to scale back on your “stuff,” but don’t know where to begin, this workshop will help you reclaim your space and turn your home into the sanctuary it is intended to be! Program #135903F.

Dates: Tuesdays 10/18 and 10/25
Time/Place: 10:00 - 11:30AM at the Hergenhan Recreation Center, 40 Maple Avenue, Armonk
Fee: \$8 for 2 sessions

PINAN RYU “PEACEFUL MIND WAY” By Peggy Raiskums - Through a series of soft, flowing, rhythmic movements, this no impact body-mind exercise, similar to Tai Chi, will promote body awareness, increase flexibility, and improve balance and concentration. By using deep breathing exercises, stress is reduced and lung capacity is improved. Participants will leave the class feeling peaceful and full of energy! Program #135903E.

Dates: Tuesdays 10/25, 11/1, 11/8, 11/15, 11/22, 11/29
Time/Place: 1:00 - 1:45PM at the Hergenhan Recreation Center, 40 Maple Avenue, Armonk
Fee: \$48 for 6 sessions



REGISTRATION FORM

NORTH CASTLE RECREATION AND PARKS DEPARTMENT REGISTRATION FORM
 40 Maple Avenue, Armonk, NY 10504 Attention: Senior Programs

Name _____ Address _____
 Home Phone _____ Cell Phone _____ Email _____
 Program Name _____ Program # _____

I hereby release the Town of North Castle, its Councilmen, Employees and Volunteers of any liability whatsoever in connection with any damages and/or injuries I or the person named above may sustain as a result of participation in the programs of the Town of North Castle sponsored by the Town of North Castle Recreation and Parks Department. I authorize the Town of North Castle to use my photo for non-commercial purposes in Town media.

Signature _____

Town of No. Castle
40 Maple Avenue
Armonk, NY
914-273-2944
Senior Activities

At the

**Westchester Broadway Theatre
Wednesday, October 5, 2016**



**SATURDAY
NIGHT FEVER
THE MUSICAL**

Dust off your hip-hugging flares, your platform shoes and warm up your disco dance moves!

Saturday Night Fever is one of the most loved dance stories of all time. This stage version of the extraordinarily successful 1977 movie is a jam-packed, dance-crazed, fuel-injected show!

Tony Manero, is a Brooklyn man whose very ordinary life is transformed when he steps on to the dance floor. The show is packed with over twenty legendary hits from The Bee Gees including such classics as: "Stayin' Alive," "Night Fever," "Jive Talking," "You Should Be Dancing" and "How Deep is Your Love."

**Cost: Residents and Non-Residents - \$55.00 (payable to North Castle Recreation)
Limited number of tickets available – Sign-Up Early!**

**REGISTRATION DEADLINE – September 8th – NO EXCEPTIONS!
(Non-Residents may begin registering on August 18th)**

Price includes: Show & Meal (salad, rolls, choice of entrée, dessert du jour, and coffee/tea)

11:00 am - Theatre doors open
11:15 am - Tickets distributed in lobby
(If you haven't arrived by 11:30, your ticket will be left at the front desk)
4:00 pm - Show ends (approx.)

VAN SERVICE: Our van is available, on a first come, first served basis, for a limited number of senior residents who are unable to drive. Please call 273-2944 to make your van reservation.

Please note: This trip may involve climbing or descending 2-3 stairs.



SATURDAY NIGHT FEVER- #135903 B

Name: _____ Cell Phone: _____
Address: _____ Email: _____ Phone: _____
Emergency Contact: _____ Phone: _____

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Signature: _____
Amount: \$ _____ Check/Cash



Date: _____
Check: # _____ Receipt: # _____



Town of North Castle Senior Recreation
40 Maple Avenue
Armonk, NY 10504
914-273-2944
(Senior Activities)

EMPIRE CITY CASINO

at Yonkers Raceway

Thursday, November 10, 2016

Cost: \$12.00 Residents and Non-Residents

(Check payable to North Castle Recreation)

Package will be announced

Non-Residents may begin registering on October 24

Registration Deadline for Residents and Non-Residents is November 7

Depart: Armonk at 9:00 am / NWP at 9:30 am

Return: NWP at 3:45 pm / Armonk at 4:15 pm (Approx.)



Empire City Casino at Yonkers Raceway – Act. # 135604 R

Name: _____

Cell Phone: _____

Address: _____ Email: _____

Phone: _____

Emergency Contact: _____

Phone: _____

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Signature: _____

Date: _____

Amount: \$ _____ Check/Cash

Receipt # _____

Check # _____





Town of North Castle Senior Recreation
40 Maple Avenue
Armonk, NY 10504
914-273-2944
(Senior Activities)

& luncheon at
CARMINE'S RESTAURANT
Tuesday, November 29, 2016

Radio City's Christmas Spectacular has long-thrilled audiences from around the world!
Join us as we venture into New York City to be awed by this holiday favorite. Highlights of the show include:

- Precision dancing of the world-famous Rockettes, including the "Parade of the Wooden Soldier" routine
- Amazing 3D digital projections that transform the interior of Radio City into a magical canvas
- The "Living Nativity," a mainstay of the show since its opening in 1933.

OUR SEATS ARE LOCATED IN THE FIRST MEZZANINE CENTER.

After the show we'll travel to a New York landmark, Carmine's Restaurant, where we'll enjoy a delicious luncheon.

NOTE: YOUR REGISTRATION MUST BE RECEIVED NO LATER THAN OCTOBER 17th.

Please note that there is a minimum to moderate amount of walking/standing on this trip.

Cost: \$95.00 for Residents and Non-Residents

(Check payable to North Castle Recreation)

Non-Residents may begin registering on October 3rd

Registration Deadline for Residents and Non-Residents is October 17th (no exceptions)

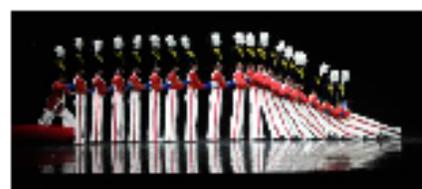
Depart: Armonk 8:30 am/NWP 8:45 am // Return: Armonk 4:45 pm/NWP 5:00 pm

Radio City Christmas Spectacular & Carmine's Restaurant - Acct. # 135903 H

Name: _____ Cell Phone: _____
 Address: _____ Email: _____ Phone: _____
 Emergency Contact: _____ Phone: _____

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Signature: _____
 Amount: \$ _____ Check/Cash



Date: _____
 Receipt # _____