Dear Neighbors and Friends,

Just a quick message, please take 2-3 minutes to read. We are sure many of you are watching the news and may have heard the term <u>flattening the curve</u>, which describes the path that individuals can take to contain the spread of COVID-19. In addition to <u>washing your hands with soap often</u>, the following are other important actions we should all be taking:

Containment, through Social Distancing and Common Sense.

<u>All</u> of North Castle must contribute to this effort. As the experts have been stating, complacency is one of our biggest dangers in preventing the spread from spiraling out of control. Here are a few additional suggestions and updates to aide in your contribution to this joint effort.

- Social Distancing: This cannot be stressed enough. Just use your common sense. Separate need from want. If you do not need to go somewhere and socialize with others, just don't go. A helpful analogy: don't treat these times like a snow day.
- Restaurants, Bars, etc.: This environment is ever-changing. The
 Governors of CT/NY/NJ just announced mandatory restrictions. Here are
 some suggestions. Be cautious, use common sense, perhaps order take
 out. Also, what is becoming very popular are gift certificates. If you want
 to help our local food establishments but are practicing social distancing,
 buy gift certificates to use on a later date, which will provide them
 revenue now.
- On-line help: Click on the <u>Town Website</u> and the <u>Federal Website</u> for helpful info.
- **County Phone Number**: If you feel that you may be a candidate for a test due to symptom, exposure, etc., dial (888) 364-3065. They will walk you through a series of questions. <u>Please do not overload this number</u>, just those who determine a call is warranted.
- Let us All Help protect those more vulnerable: Follow the recommendations and links above! If we can help prevent the spread, we help those more vulnerable. If you think you are healthy, and/or not at risk, you may be right, but you still might contribute in the spread to someone who cannot handle it. Please do not aid this virus in spreading!
- Town Offices and Services: We have made additional adjustments since our email last week. Simply, to improve our efforts to prevent spreading, we are closing our Town offices to foot traffic only. Our employees will continue to staff our offices, and you can communicate using the phone (273-3000), email, and our website. An extremely high percentage of all of your Town needs can be accomplished without visiting a Town office.
- North Castle Library: Although both North Castle branches are closed to foot traffic, take this time to explore our terrific library offerings click here, that you can access from your own home or cell phone. Explore the library's digital collection, including eBooks, audio books, Indie films, Kanopy (great films!), online courses, learn a language (Mango) and more. It also may prompt you to realize it is time to renew your Library card or obtain a new one! You can also do that on-line, and the Library

will issue you a temporary library card if necessary. Check the top left corner of the Library home page. By the way, it takes literally about 30 seconds to take out a book on your phone or tablet!!

- Groceries: As things are so fluid, I cannot update you on Stop & Shop in North White Plains yet, but DeCicco & Sons in Armonk are being proactive, handing out gloves and wipes upon entry, recommending social distancing while shopping, and reserving 8-8:30 AM every morning for Senior customers and immune-compromised families. Please respect that 8-8:30 time slot.
- Other Suggestions: We know these are difficult times to manage, but when possible, make the best of it. A few ideas:
 - For sports fans, ESPN and other channels are running terrific documentaries on different sports, including March Madness-type documentaries. A great documentary on high school-college basketball is Morgan Wootten: The Godfather of Basketball. You have to search the internet/Prime, etc. for it. Much of it will help with your March Madness malaise.
 - **Home Movies:** Many of us have hours and hours of home videos, that we record and never watch. The kids love it!
 - **Home DVD's/Videos:** Many of us have home libraries of movies, etc. Good time to watch them.
 - **Reading:** Time to catch up on your books or magazines, or link to the library site and take out a book or read a magazine.
 - Walking/Hiking: Social Distancing and being outdoors can be combined. But only if you keep your distance. We have several beautiful hikes in and around North Castle.

Please understand that things are changing rapidly, so we will communicate to you when we feel warranted. Above all, stay safe, be smart, practice social distancing, and use common sense!

Sincerely, Michael Schiliro - Supervisor Town of North Castle Kevin Hay - Town Administrator

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Give us a call today!