



May 2024

All programs take place at the Hergenhan Community Center, 40 Maple Ave., Armonk.
North Castle Active Adults 60+ - 914-273-3000 ext. 305



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		MAY DAY 	1 10:00 KNITTING CIRCLE 12-3 BRIDGE 10-1:30 Social: Left, Right, Center Word Games, Bingo	2 10-1:30 Social: Left, Right, Center Word Games, Bingo 11:00 Strength Raffle	3 10-1:30 Social: Left, Right, Center Word Games, Bingo 11:00 Chair Yoga Raffle	4
5	6 10:00 CLAY 10-1:30 Social: Left, Right, Center Word Games, Bingo 11:00 Strength 12:30-3 MAH JONGG	7 11:00 CHAIR YOGA ON ZOOM BEGINNER PIANO (private lessons)	8 10:00 KNITTING CIRCLE 12-3 BRIDGE 10-1:30 Social: Left, Right, Center Word Games, Bingo	9 10-1:30 Social: Left, Right, Center Word Games, Bingo 11:00 Strength Raffle	10 10-1:30 Social: Left, Right, Center Word Games, Bingo 11:00 Chair Yoga 12:00 MOTHER'S DAY POT LUCK	11
12 Mother's Day 	13 10-1:30 Social: Left, Right, Center Word Games, Bingo 10:30 TRAVELOGUE 11:00 Strength 12:30-3 MAH JONGG	14 8:30-3:30 AARP DEFENSIVE DRIVING 11:00 CHAIR YOGA ON ZOOM BEGINNER PIANO (private lessons)	15 10:00 KNITTING CIRCLE 12-3 BRIDGE 10-1:30 Social: Left, Right, Center Word Games, Bingo	16 10-1:30 Social: Left, Right, Center Word Games, Bingo 10:00 MANDALA 11:00 Strength Raffle	17 10-1:30 Social: Left, Right, Center Word Games, Bingo 11:00 Chair Yoga LAST DAY TO SIGN UP LIBRARY TRIP	18
19	20 10-1:30 Social: Left, Right, Center Word Games, Bingo 10:00 PROTECTING YOURSELF—FRAUD 11:00 Strength 12:30-3 MAH JONGG	21 10:00 CLEAR YOUR CLUTTER 11:00 CHAIR YOGA ON ZOOM BEGINNER PIANO (private lessons)	22 10:00 KNITTING CIRCLE 11:45 MEDICARE 12-3 BRIDGE 10-1:30 Social: Left, Right, Center Word Games, Bingo	23 10-1:30 Social: Left, Right, Center Word Games, Bingo 11:00 Strength Raffle	24 10-1:30 Social: Left, Right, Center Word Games, Bingo 11:00 Chair Yoga Raffle	25
26	27  (CENTER CLOSED)	28 10:00 CLEAR YOUR CLUTTER 11:00 CHAIR YOGA ON ZOOM BEGINNER PIANO (private lessons)	29 10:00 KNITTING CIRCLE 12-3 BRIDGE 10-1:30 Social: Left, Right, Center Word Games, Bingo	30 10-1:30 Social: Left, Right, Center Word Games, Bingo 11:00 Strength Raffle	31 10-1:30 Social: Left, Right, Center Word Games, Bingo 11:00 Chair Yoga PIZZA & BINGO! (\$6.00/person)	