

TOWN OF NORTH CASTLE
PARKS AND RECREATION BOARD ("PRAB")
Minutes of March 1, 2016 Meeting

In Attendance: Susan Lichten, Karl Hinrichs, Frank Lattarullo, Daniel Zenkel, Norma Hill, Liz Duffy, Stephen D'Angelo, Matt Trainor, Lisa Larsen

Absent: Brendan Molloy, Charlene Decker

The Minutes of the February 2, 2016 meeting were accepted and approved.

Update on Capital Projects - Lombardi Park Pavilion, IBM 1 Backstop and Clove Road Dugouts

The Lombardi Park pavilion roof was completed today. The IBM 1 backstop is down - the job will be completed in a few weeks. We have one quote for the Clove Road dugout project and we expect to receive three more quotes. The computers and workstations have been removed from the Hergenhan basement and the basement is in the process of being painted.

Spring / Summer 2016 Registration and Brochure Update

The brochure is completed and registration begins Monday morning 3/7. Pool pass renewal will be available for online registration. Matt Trainor is thinking about changing the order of the brochures since the spring/summer brochure is so large because it includes spring and summer programs, summer camps and the pool. His thought is to combine fall and winter into one brochure, spring by itself, as well as summer by itself. There are some pluses and minuses to the switch, so more thought is needed.

Discussion on Naming of Facilities and Memorials in Parks Continued and Review of Draft Document

A handout was distributed for everyone to review and to make suggestions. Everyone is to use Dan Zenkel's redline version as a starting point. All edits should be sent to Matt Trainor and we will review this subject in April.

Introduction of Liz Duffy, Senior Recreation Leader for Senior Citizens

Liz Duffy started by speaking of her background and past employment and how she really loves the exchange between people. She distributed to the PRAB the monthly newsletter and calendar (mailed/emailed to over 300 senior residents), some current trip flyers, the senior directory, updated annually, listing phone number, address and birthdate, and a handout of trips and special events for the year (there are approximately 10 - 12 trips per year).

A second senior day was started in North White Plains - both centers now run two days per week (Liz would eventually like to operate 5 days per week); a walking program was started four days a week; have an exercise program three days a week of chair yoga and strength classes. The Monday and Thursday exercise program at Hergenhan is very popular averaging 22-24 participants; about half are from drop-in program. The ceramics program is dwindling - there used to be 12 regulars, some lost interest and some have passed away. There is a 30 year age span, ranging from 65 to 95 years of age, so we try to have something for everyone.

It was suggested to have a booth at the Art Show and/or Folderol to get exposure and to try to bring new seniors into the program. It was asked about how success is measured - feedback from the seniors, survey them. There has not been a survey, but Liz said the seniors are not at all shy about sharing their opinions. The biggest struggle is to get people to physically move; some have old mindsets and there are clicks. Some suggestions brought up by the Board - do icebreaker games, contact Jacob Burns Film Center to possibly offer some intellectually stimulating programs, Invite A Senior To Dinner (there are a lot of families who would volunteer their time), Sunday donation day from Youth Leagues.

Don Brandes, Parks Foreman, will be introduced at the April meeting.

New Gazebo Wedding Request

A handout was distributed. The Board feels that parameters need to be set with well-outlined rules and a penalty if the rules are broken.

Our next meeting will be held on Tuesday, April 5, 2016 at 6:15 PM.